



We are looking for Collaborating Teachers

- Mindfulness Network Community Friends -

Are you an experienced Mindfulness Teacher?
Have you thought about:

- Volunteering your skills to give something back? -
- Helping to raise donations that fund bursaries and charitable work? -
- Holding space for mindfulness and compassion practitioners to connect through special interests or community outreach? -

Join our directory of Collaborating Teachers who run free guided practice sessions & donation-based events.

The Mindfulness Network Community Friends is a volunteer-led organisation supported by the Mindfulness Network, offering a rich programme of community events that are open to new and experienced meditators alike. See the current range of opportunities to practice and learn together on our Community site: <https://bit.ly/MindfulnessNetworkCommunityFriends>

As a charity, the Mindfulness Network relies on goodwill and a huge amount of generosity to be able to fund our bursary schemes and support the wider mindfulness community. We've been so grateful to see the positive impact of Mindfulness Network Community Friends events on our donations, and we need your help to continue.

If you are an experienced Mindfulness-Based trainer, supervisor, or teacher and would like to volunteer to join the committee, run group practice sessions, special interest groups, retreat days and workshops (or any other suggestions for this public space that you feel would benefit the mindfulness community) please contact the Mindfulness Network Community Friends Volunteer Committee via email: communityfriends@mindfulness-network.org.