# **Application for a Bursary Contribution towards a Mindfulness Network Event**

**To apply for a bursary-assisted place please complete the form below and email a copy to** [**info@mindfulness-network.org**](mailto:info@mindfulness-network.org)

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| This bursary application form is for all events found on the [Mindfulness Network Calendar](https://booking.mindfulness-network.org/), including **Training, Retreats, Compassion Events, Supervision Training and Supervision Retreats**.  *If you would like to apply for a bursary contribution towards Individual Supervision, Supra-vision or Group Supervision with a Mindfulness Network registered supervisor, please use the separate Supervision Bursary Application Form.* |

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| **Name:** *(your application will be anonymised before submission to the panel)* |  |
| **Contact Email:** |  |
| **Contact Phone Number:** |  |

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| **Which event you are requesting a bursary-assisted place for?** |  |
| **Dates of event:** *(details can be found on the* [*Mindfulness Network Calendar*](https://booking.mindfulness-network.org/) *)* |  |
| *Bursary-assisted places are held available until six weeks before the start date of the event to allow time for the bursary panel to process applications. If it is less than six weeks before the start date, please get in touch to discuss if a bursary application is possible at this time.* | |

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| **Do you meet the pre-requisites to attend this event?** | **Yes/No** |
| *Please read the information about your chosen event on the* [*Mindfulness Network Calendar*](https://booking.mindfulness-network.org/) *and check that you meet the pre-requisites listed in the description before proceeding with your application.* | |

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| **Do you meet or are working towards meeting the** [**British Association of Mindfulness-Based Approaches (BAMBA) Good Practice Guidelines (GPG) for mindfulness-based teachers**](https://bamba.org.uk/teachers/good-practice-guidelines/)**?** | **Meet/Working towards meeting** |

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| **Have you previously received a Mindfulness Network Bursary?** | **Yes/No** |
| *If yes, please give details here:* | |
| **Do you have any other current Mindfulness Network Bursary applications in progress?** | **Yes/No** |
| *If yes, please give details here:* | |

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| *We only have a limited number of bursary-assisted places, depending on the funds available, which are open to people in clear need of financial support who work in a way that is aligned to our vision, mission and EDI policy.*  *We ask you to think carefully in light of your own finances and contribute as much as you can.* | |
| **Please select which level of bursary award you are applying for:** | |
| 25% of the standard cost of the event |  |
| 50% of the standard cost of the event |  |
| Other – *please specify what level of bursary award would make booking this event possible for you* |  |

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| **The Potential Impact of this Bursary**  The Mindfulness Network is committed to ensuring that our services are as accessible and inclusive as possible. Part of our [Mission](https://home.mindfulness-network.org/our-mission/) involves removing financial barriers, as much as we can, by offering bursaries. We endeavour to widen the scope and reach of our work; to expand the diversity of our teams and those who use our services. We are particularly interested in supporting teachers who are working with specific projects within under-represented communities or as part of a charity or social enterprise    Our [Equality, Diversity and Inclusion (EDI) Policy](https://home.mindfulness-network.org/our-policies/) aims for all in society to be offered mindfulness-based courses delivered within recognised good practice guidelines. We recognise that the mindfulness world is not always truly representative and diverse and wish to be part of making changes and promote equal access to every dimension of our work. |
| 1. **Why do you want to take part in this event? Including information about how receiving a bursary for this event will progress your training:** |
| 1. **How will this bursary assist in mindfulness-based practices reaching people who may not otherwise be able to access mindfulness in line with our EDI policy?**   *For example, you may be from a community that is not widely represented in the mindfulness world or you may be planning to teach in a community that does not currently have access to mindfulness-based practices – this can include a range of situations including workplaces and local communities.* |
| 1. **What is your longer-term intention for this work?** |
| 1. **Is there anything else not already covered that you would like the panel to consider in relation to this bursary application?** |

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| **Please confirm that you are happy to complete a feedback form after completing our bursary scheme and that you understand you may be asked to provide a summary of how the bursary has been of benefit to yourself and particularly to others in the form a one-page case study/or blog post, for our website:** | **Yes/No** |
| *Feedback may be used anonymously on our website, newsletters, social media and in funding applications in order to demonstrate how the bursary scheme can make an impact.* | |