



Recruitment of supervisors to The Mindfulness Network

The Mindfulness Network is a charity whose key vision to develop and maintain the integrity of mindfulness-based supervision (MBS).

A large part of the Mindfulness Network's mission has always been to provide high-quality MBS. The mindfulness-based supervisors who are registered with us have been through a rigorous recruitment process. Our supervisors work in a freelance capacity, taking responsibility for tasks such as contracting, invoicing supervisees and ensuring they have personal insurance. The Mindfulness Network provides guidance and a community of support with other supervisors. Annual registration is currently £15 per month or £180 per year.

We are currently recruiting two new Cantonese speaking supervisors who are able to offer mindfulness-based supervision to mindfulness-based teachers. The MN has a partnership with the Oxford Mindfulness Foundation (OMF) around the provision of supervision. There is currently a need in Hong Kong, for Cantonese speaking supervisors to support new trainees. We are looking for supervisors who have begun the supervision training process and have attended the MN supervision training level for as a minimum. And have had some experience of supervising already, (ideally to have supervised four courses, e.g. two supervisees each teaching two courses, or more supervisees teaching one course. It is often hard to predict the need but, given the number of trained teachers in Hong Kong is growing, we want to recruit supervisors who have availability to supervise as these numbers continue to grow.

Application Process

Applicants are invited to submit the information listed below in points 1-5. Please send via email with attached documents to the supervision coordinator at supervision@mindfulness-network.org.

1. Please use the following four headings to provide a summary of how you fulfil the Good Practice Guidance for Supervisors, which can be found on BAMBA's website (choose the third set of guidelines for Supervisors)
<https://bamba.org.uk/good-practice-guidelines/>

A. Mindfulness-based teaching, training and experience

B. Supervision and training experience

C. Clinical/contextual background

D. Specific Competencies for mindfulness-based supervision

2. A certificate to confirm your attendance at a mindfulness-based supervision training e.g. the MN supervision training (Level 1) as a minimum
3. A copy of your MBI:TAC assessment from your training or an equivalent way of demonstrating your competency in teaching.
4. An email of personal recommendation from your mindfulness-based supervisor, which includes how long they have supervised you.
5. A summary of why you want to be a supervisor under the umbrella of the Mindfulness Network.

Please send the above information as email attachments.

Shortlisting and Interview Process

Alison Evans and Claire Kelly will shortlist according to how well candidates meet the MN's Good Practice Guidelines for supervisors, recommendation letters and fit with the MN.

The closing date for applications is by the end of the day on **Wednesday 17th September 2025**.

Shortlisted candidates will be invited to an interview with Alison and Claire on **Wednesday 22nd October 2025** between 10.00am - 2.00pm UK time

If you have any questions, please email supervision@mindfulness-network.org